

# **EVENTS/MEETINGS/OTHER FOR THE TRACIE LAWLOR TRUST FOR CYSTIC FIBROSIS (TLT4CF)**

## **ANTI CROSS-INFECTION REQUIREMENTS**

**for People with Cystic Fibrosis** *adapted from CF World Wide guild lines*

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PLEASE READ CAREFULLY THESE GUIDELINES AND FOR YOUR OWN AND OTHERS HEALTH, TRY AS MUCH AS FORESEEABLY POSSIBLE ADHERE TO THEM.

**The possibility of cross-infection between CF individuals observing proper hygienic measures may be very low, nonetheless TLT4CF must request that those individuals who have cultured positive with *Burkholderia cepacia*, Methicillin resistant *Staph. aureus* (MRSA) or other pan-resistant bacteria, do not attend TLT4CF events.**

### **EVERY PERSON WITH CF HAS TO CONFIRM THE FOLLOWING:**

1. **A letter written on medical notepaper and signed by your primary (preferably CF) physician** will be required prior/upon registration. PLEASE PRINT EXACT COPY OF THE CONTENT OF THE LETTER BELOW, ON OFFICIAL LETTERHEAD, AS STATED ABOVE AND RETURN (EMAIL OR POST, ADDRESS BELOW) AT LEAST 10 DAYS PRIOR TO EVENT.

**Out of respect to other persons with CF attending our events etc. WE CAN NOT ALLOW ANYONE WHO HAS NOT PROVIDED WRITTEN DOCUMENTATION OF THE ABOVE INFORMATION ABOUT THEIR BACTERIOLOGICAL STATUS TAKE PART.**

Although hygienic methods have been endorsed and encouraged by TLT4CF, and efforts to restrict attendance by those cultivating either *Burkholderia cepacia*, *Methicillin resistant Staph. Aureus* (MRSA) or pan-resistant bacteria have been enacted; we cannot guarantee an event that is free of virulent bacteria. The very nature of cross-infection, inaccurate laboratory cultures, and other factors make it impossible for anyone to guarantee a *Burkholderia cepacia* or MRSA free gathering. Therefore we urge you to discuss cross-infection with your physician and decide for yourself if you wish to attend an event/meeting.

LETTER CONTENT FOR PHYSICIAN

**NOTE:** Please return all letters by email to [tracielawlortrust@imagine.ie](mailto:tracielawlortrust@imagine.ie) or  
By postal mail address to – The Tracie Lawlor Trust for Cystic Fibrosis  
Mullinagower,  
Castlebridge,  
Co. Wexford.

Reference:

Date:

To Tracie Lawlor Trust for Cystic Fibrosis,

This letter is to confirm that ..... has had regular sputum samples tested for bacterial culture. This also confirms that their most recent sample within the last 6 months was negative for:

- methicillin resistant Staphylococcus aureus (MRSA),
- all species of the Burkholderia cepacia complex and
- multi-drug resistant Pseudomonas aeruginosa

It is recommended that agars or medium supportive of *B.cepacia* growth be used for bacteriological specimens. Such mediums include *B.cepacia* selective agar (BCSA), OFPBL, PC agar and MAST agar.

I understand that a culture should be negative, as above, within 30 days of participation in a TLT4CF event.

I recommend the following physical restrictions on this patient:\_\_\_\_\_ \*

\*(Leave blank if none).

Yours faithfully,

.....  
CF Physician.

Please note it may also be worth while getting an exercise programme from your physiotherapist prior to this particular event, discuss this with them if possible.